

# Tideswell & District Environment Group (TDEG) Meeting



Wednesday 21st April 2021 at  
7:45pm, online on Zoom

**EVERYONE WELCOME!**

**Food for thought: how to buy food that is good for  
you and good for the planet**

Please join us to learn about how we can make ethical food choices and eat more sustainably.

Guest speaker: **Ruth Strange** from *Ethical Consumer* will talk about things we can all do to help us make thoughtful and informed choices about the food we eat and buy.

Our very own **Laura Saunders** will talk about her seed swap and food map, and **Jules Fell** will give us the latest info on our new and exciting 'Tidza Buying for Good (BfG) Club'.

**TDEG members will receive the Zoom link by email.  
Otherwise, please request link via: [info@tdeg.org.uk](mailto:info@tdeg.org.uk)**

